

# LIGHT THE NIGHT

**Date: 10<sup>th</sup> September 2025**

**Time: 7pm onwards**

This World Suicide Prevention Day we encourage households, businesses, schools, and community spaces to display a single light or lights in a window, driveway or outside area from sunset as a collective show of remembrance, connection, and hope.

We are shifting from silence and stigma to openness, empathy, and action - ensuring those who are struggling feel heard, supported, and connected.

It is encouraged to share a photo of your lights on social media and email a copy to Holyoake's Wheatbelt Suicide Prevention Team ([wcadsprevention@holyoake.org.au](mailto:wcadsprevention@holyoake.org.au)) to be included in a photo collage.

**#LIGHTTHENIGHTWSPD**

**Giving people the support, hope and confidence they need to live the life they choose.**

**[holyoake.org.au](https://holyoake.org.au)**